



Into Africa – Yoga safari in Tanzania


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Here's one of the most holistic, out-of-the-ordinary deals we've ever come across: a yoga safari into the wilds of Tanzania.


Not that you'll be exactly camping out. Your stay is at the amenity-rich, award-winning Sayari Camp in the remote reaches of the northern Serengeti. **Extraordinary Journeys**, in conjunction with Asilia Africa, is offering a trio of yoga safaris this year: March 2 – 7, June 10 – 15, and December 2 – 7. The price tag is \$3,900, exclusive of international airfare to Tanzania (Cheapflights can help you with that – [flights to Tanzania](#)).

Your day begins early, with a scintillating sunrise drive through the Serengeti plains. Serengeti National Park itself is a 3.6 million acre swath of protected terrain, one of the last, best places on the planet where wildlife can roam with relative freedom.



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Later in the day, let scenes of the Serengeti wash over you as you practice yoga under the tutelage of Shannon Paige. According to Extraordinary Journeys the idea here is to “create ... deep spaces of calm, and connection with the land.”

At the end of a day’s meditation and yoga take further refuge in the camp’s infinity pool, perhaps take in a massage or cozy up to the fireplace. The library bar is yet another haven, a place to connect with those who would also connect with the land.

Sayari Camp itself blends, as do you, almost imperceptibly into the vast savannah. The enclave’s 15 beautifully-fitted tents meld almost unnoticed into the Serengeti. Sayari Camp is located close to the majestic Mara River, a waterway rife with wildlife – hippos, crocs and the like.

As we said, this is no ordinary sojourn, no yoga lesson in a strip mall just down the street. What this just might be is the journey of a lifetime.

(Featured image: **Marc Veraart**)

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