



Extraordinary Journeys Africa Introduces Yoga Safari

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Extraordinary Journeys Africa has announced that it is joining with Asilia Africa to offer a series of three limited-time yoga retreats at the Sayari Camp in the northern Serengeti. Travelers will enjoy a five-night stay in this Tanzanian protected area, enjoying scenic game drives through the Serengeti National Park, luxurious amenities at Asilia's eco-conscious Sayari Camp, and daily yoga sessions, led by renowned instructor Shannon Paige.

These three exclusive yoga safaris are offered in March, June and December.

The package includes five nights of accommodation at the Sayari Camp, one night at Onsea House (Arusha), domestic travel within Tanzania, all meals, drinks and activities including yoga sessions and game park entrance fees.

Other highlights of the package includes: game drives and bush walks through the Serengeti plains in search of the lions, elephants, and a variety of antelope; and immersion at an infinity pool, private veranda, warm fireplace and lounge at the luxurious Sayari Camp.

The savannah of the Serengeti, known to the Maasai people as "the land that stretches on forever," offers environment for Paige's yoga practices. Paige emphasizes deep spaces of calm and connection with the land through her own brand of Anjali Restorative Yoga, in which meditation and synchronized breathing exercises are guided by the imagery of the natural wilderness.

Designed to blend unnoticed into the savannah, the Sayari Camp, located close to the Mara River, is recognized by the 2012 World Travel Awards as the best tented camp in Tanzania. Sayari Camp's fifteen tent complex is complete with king sized beds, private verandas, and luxurious amenities of a fireplace, library, bar and lounge.



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