



Yoga Safari with **Extraordinary Journeys**



n itinerary has been created by **Extraordinary Journeys Africa** (www.extraordinaryjourneys.net) in partnership with Asilia Africa that we say is tops for yogis. The limited-time yoga retreats will take place at the Sayari Camp in the northern Serengeti.

We hear travelers will enjoy a five-night stay in the Tanzanian protected area, complete with game drives, amenities at Asilia's Sayari Camp and daily yoga sessions led by Shannon Paige.

Other highlights include game drives and bush

walks through the Serengeti plains. Keep a lookout for lions, elephants and a variety of antelope. At the Sayari Camp guests can indulge in the infinity pool, private veranda and fireplace.

Packages include five nights of accommodation at the Sayari Camp, one night at Onsea House, domestic travel within Tanzania, all meals, drinks and activities including yoga sessions, and game park entrance fees.

When practicing yoga, guests that work with Paige will achieve deep spaces of calm and connection with the land through her own brand of Anjali Restorative Yoga, in which meditation and synchronized breathing exercises are guided by the imagery of the natural wilderness. The three yoga safaris are offered in March, June and December.

The Sayari Camp is a 15-tent complex with kingsize beds, private verandas and a luxurious lounge.

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