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January 03, 2013

Extraordinary Journeys Africa Introduces A Unique Yoga Safari At Tanzania's Sayari Camp

With its commitment to providing unique and "extraordinary" safari experiences, Extraordinary Journeys Africa is joining with Asilia Africa to offer a series of three limited-time yoga retreats* at the award-winning Sayari Camp in the northern Serengeti. Travelers will enjoy a five-night stay in this jewel of Tanzania's protected area, enjoying scenic game drives through the Serengeti National Park, luxurious amenities at Asilia's award-winning, eco-conscious Sayari Camp and daily yoga sessions, led by renowned instructor Shannon Paige. These three exclusive yoga safaris are offered in March, June and December, 2013.** Pricing begins at \$3,900 per person, double, and includes five nights accommodation at the Sayari Camp, one night at Onsea House (Arusha), domestic travel within Tanzania, all meals, drinks and activities including yoga sessions and game park entrance fees.***

Highlights Include:

- Game drives and bush walks through the Serengeti plains in search of the famous lions, elephants, and a wide variety antelope;
- Enjoy two calming yoga sessions per day, led by renowned instructor Shannon Paige;
- Immerse yourself in the comforts of an infinity pool, private veranda, warm fireplace and peaceful lounge at the luxurious Sayari Camp.

The breathtaking savannah of the Serengeti, known to the Maasai people as "the land that stretches on forever," offers the ideal environment for the inspirational Shannon Paige's yoga practices. Paige emphasizes deep spaces of calm and connection with the land through her own brand of Anjali Restorative Yoga, in which meditation and synchronized breathing exercises are guided by the rich imagery of the natural wilderness. To that end, students will wake each morning to a restorative sunrise game drive across the Serengeti plains and take advantage of guided afternoon drives or bush walks in between daily yoga sessions.

Designed to blend unnoticed into the savannah, the Sayari Camp, located close to the majestic Mara River, is a welcome oasis to return to at the end of each day. Recognized by the 2012 World Travel Awards as the best tented camp in Tanzania, Sayari Camp's fifteen tent complex is complete with king sized beds, private verandas, and luxurious amenities of a fireplace, library, bar and lounge for guests to relax in.

* Sessions can be tailored to any level of practitioner.

** Book by January 31st for spring safari extending from March 2nd - 8th, 2013, March 31st for summer safari extending June 10th - 16th, 2013 and September 20th for winter safari extending December 10th - 16th, 2013.

*** Pricing does not include international flights to Tanzania.

Extraordinary Journeys

Run by an extraordinary mother-daughter team with over 40 years of combined safari knowledge, Extraordinary Journeys provides innovative and fun bespoke safaris for honeymooners, families and individual travelers to Botswana, Kenya, Malawi, Mozambique, Namibia, South Africa, Tanzania, Uganda, Zambia and Congo. Mixing and matching safaris, camps, lodges, and villas, with travel by private planes, 4x4s, hot air balloons, elephant, camel and even horse, Extraordinary Journeys has planned over 1,000 trips to Africa and not one has been the same. They place their focus on knowledge, quality-personalized service and social responsibility.

www.ejafrika.com

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