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Yoga Safari at Tanzania's Award-Winning Sayari Camp



Extraordinary Journeys Africa and Asilia Africa introduce a 6-night yoga safari that includes game drives through the Serengeti National Park with exclusive sessions with a renowned yoga instructor, and luxurious tent lodging.

With its commitment to providing unique and extraordinary safari experiences, [Extraordinary Journeys Africa](#) has joined with [Asilia Africa](#) to offer a series of three limited-time yoga safari retreats at the award-winning eco-conscious Sayari Camp in the northern Serengeti. Travelers will enjoy a five-night stay in this jewel of Tanzania's protected area, enjoying scenic game drives through the Serengeti National Park, luxurious amenities at Asilia's award-winning, eco-conscious retreat, and daily yoga sessions, led by renowned yoga instructor Shannon Paige.

The breathtaking savannah of the Serengeti, known to the Maasai people as "the land that stretches on forever," offers the ideal environment for the inspirational Shannon Paige's yoga practices. Paige emphasizes deep spaces of calm and connection with the land through her own brand of Anjali Restorative Yoga, in which meditation and synchronized breathing exercises are guided by the rich imagery of the natural wilderness. To that end, students will wake each morning to a restorative sunrise game drive across the Serengeti plains and take advantage of guided afternoon drives or bush walks in between daily yoga sessions. Sessions can be tailored to any level of practitioner.

Designed to blend unnoticed into the savannah, the Sayari Camp, located close to the majestic Mara River, is a welcome oasis to return to at the end of each day. Recognized by the 2012 World Travel Awards as the best tented camp in Tanzania, Sayari Camp's fifteen tent complex is complete with king sized beds, private verandas, and luxurious amenities of a fireplace, library, bar and lounge for guests to relax in.

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Highlights of the yoga safari include:

- Game drives and bush walks through the Serengeti plains in search of the famous lions, elephants, and a wide variety antelope
- Enjoy two calming yoga sessions per day
- Immerse yourself in the comforts of an infinity pool, private veranda, warm fireplace and peaceful lounge at the luxurious Sayari Camp

Dates: March 2nd-8th for a spring safari, June 10-16th or a summer safari, and December 10-16th for a winter safari.

Rates: Begins at \$3,900 per person, double, and includes five nights accommodation at the Sayari Camp, one night at Onsea House (Arusha), domestic travel within Tanzania, all meals, drinks and activities including yoga sessions and game park entrance fees. Rate does not include international flights to Tanzania.

Photo credit: Sayari Camp via TravMedia

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