



22 hot tips for summer



courtesy Perillo Tours

Slow food in Italy

Hungering for a taste of the real Italy? Nibble, sip, and savor through Piedmont/Italian Riviera or Tuscany/Umbria on one of Perillo Tours' new Italian culinary and cultural adventures. Both itineraries were developed with Slow Food Italia to celebrate the regions' traditional and sustainable foods and beverages. Highlights include visits to vineyards, wine cellars, wineries, farmsteads, and artisan producers of cheese, chocolate, sweets, and cured meats; cooking classes; and meals at restaurants listed in the "Osterie D'Italia Slow Food Guide." Since man does not live by bread alone, also scheduled are visits to museums and historical sites housing world-class art and artifacts, ancient villages, and UNESCO World Heritage sites. The 12- or 13-day small-group tours are scheduled between June 17 and Oct. 21. *Prices from \$4,290 per person/double.* 800-431-1515, www.perillotours.com.

Hilary Nangle



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