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Latest tour option: Gluten-free Tuscany; what next?

by: Doreen Hemlock

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Nowadays, it seems there are trips for nearly every kind of group, so how about this one: A gluten-free tour of Italy?

No wheat bread, no traditional pasta – only foods that exclude the gluten protein found in wheat, barley, rye, malt and other items. That might mean eating rice-based dishes or non-grain specialties from meats to fish and vegetables.

[Perillo Tours](#) is offering its "Gluten-Free Tuscany" tour Oct. 18-25 departing from New York at a cost of \$2,150 plus airfare for double-occupancy stay.

What tour will they come up with next?



San Gimignano in Tuscany, Italy; Courtesy of sangimignano.net

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Andrei M

July 18, 2012 at 4:25 pm

This is interesting. A healthy way and place to go and travel to.



Italy Traveler

July 19, 2012 at 6:34 am

Very interesting how many options tourism offers to fulfill any kind of need. I am sure it is a good option for some and even very healthy, but a bit funny if you think about it...



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About the authors



Arlene Satchell covers retail, marine industry and telecom trends for the Sun Sentinel. The travel buff and adventure lover is always looking for new places to explore.



Doreen Hemlock writes about tourism, international business and other beats for the Sun Sentinel since 1996. She's visited more than 50 nations and lived 17 years in Latin America and the Caribbean.

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