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### Latest tour option: Gluten-free Tuscany; what next?

Gluten-free tour, Perillo Tours, Uncategorized — posted by Doreen Hemlock on July, 17 2012 11:00 AM

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Nowadays, it seems there are trips for nearly every kind of group, so how about this one: A gluten-free tour of Italy?

No wheat bread, no traditional pasta – only foods that exclude the gluten protein found in wheat, barley, rye, malt and other items. That might mean eating rice-based dishes or non-grain specialties from meats to fish and vegetables.

Perillo Tours is offering its "Gluten-Free Tuscany" tour Oct. 18-25 departing from New York at a cost of \$2,150 plus airfare for double-occupancy stay.

What tour will they come up with next?



San Gimignano in Tuscany, Italy; Courtesy of sangimignano.net



#### About the Bloggers

**Arlene Satchell** covers retail, marine industry and telecom trends for the South Florida Sun Sentinel. The travel buff and adventure lover is always looking for new places to explore.

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