

Time Out

New York



Saoirse from the block

New York native Saoirse Ronan (she's from the Bronx!) comes home—and heads straight for Broadway.



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NOT FOR RETAIL SALE

Escape from New York



Because even the most loyal New Yorker needs to flee the greatest city on earth (sometimes).

Quebec City

GO BIG-WHEELING!

Don't let a little snow stop you from exploring the city. Pick up a fat bike (they look like regular bikes but with extra-large motorcycle wheels jammed on) specifically designed for snowy terrain. They're available for daily rental at Echo Sports, which also offers guided tours through historical Old Quebec. 35 Rue Dalhousie (418-692-3643, echosports.ca). \$50/day.

SAY AAH AT A SPA

The newest addition to the spa scene is Le Monastère des Augustines, a converted 1639 monastery hospital that reopened as a hotel and wellness center last year. You can enjoy massages, meditation and even sleep-therapy evaluations right in the comfort of your room. If you want your spa visit to be relaxing and educational, there are workshops like "The Art of Gratitude" and a museum there, too. 77 Rue des Remparts (418-694-1639, monastere.ca)

MORE CHEESE, PLEASE

No trip to Quebec City is complete without a little fromage, and the place to do it is Château Frontenac's 1608 Wine & Cheese Bar. As elegant as the castlelike hotel itself, the dedicated cheese room houses the city's largest selection of cheeses from the province. Order a board of five Quebec varieties, and make sure to pair the sheep's-milk chèvre with a Niagara sauvignon blanc. 1 Rue des Carrières (418-692-3861, fairmont.com)

WINE AND DINE AND DANCE

Patrons come to hip multipurpose restaurant Le

Cercle in the trendy Saint-Roch nabe for innovative dishes like scallops with bone marrow and braised pork belly, but they stay for the live entertainment. At night, the restaurant transforms into either a club with a DJ, a concert venue for eclectic talent, like the 17-piece Afro-Colombian percussion group Gypsy Kumbia Orchestra, or sometimes a multimedia art gallery. 228 Rue Saint-Joseph E (418 948-8648, le-cercle.ca)

MILK IT

Locals are so into dairy, they don't just eat it—they wear it. For nearly a decade, Québécois have sworn by cosmetic boutique Shamâne's donkey milk products. (Cleopatra bathed daily in the stuff, so you know it's good.) The furry suppliers are milked daily on a nearby farm in Charlevoix, and since their milk is thinner than cow's,



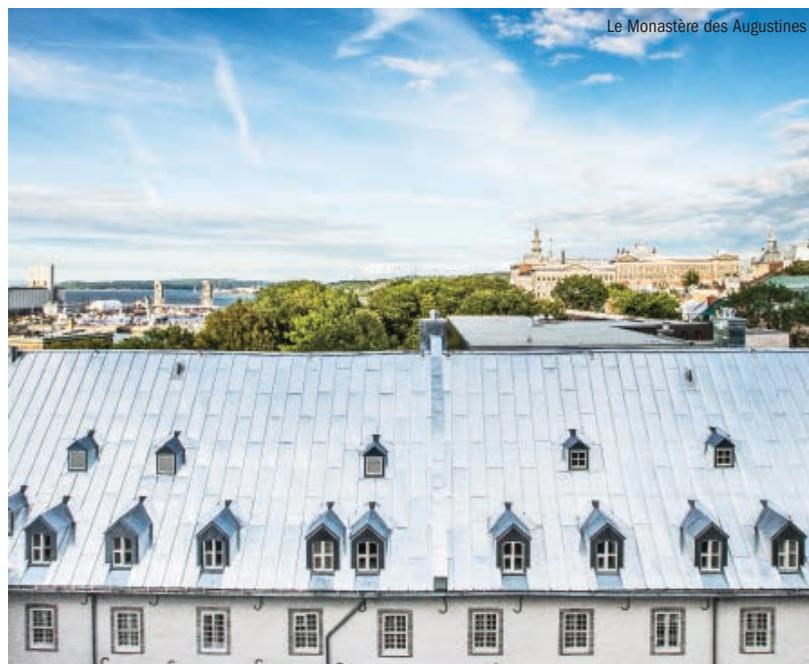
Château Frontenac's 1608 Wine & Cheese Bar

skincare products like fresh herb soap and lavender shower milk are extra silky. 975 Chemin Port-au-Persil, Saint-Siméon (418-638-1264, shaman-cosmetiques.com)

QUAFF A COLD ONE

For truly local beer, head over to La Barberie, where everything is freshly brewed

on-site. Since 1997, the microbrewery has been a neighborhood staple for local beer connoisseurs thanks to its daily selection of eight seasonal beer flights and a daily invitation to BYO lunch. Bar staff will even heat it up for you! 310 Rue Saint Roch (418-522-4373, labarberie.com) —Kerry Medina



Le Monastère des Augustines

INSIDER KNOWLEDGE

Locals give it to you straight.

"Signatures Québécoises is the best spot to shop for local designers' goods."
—*Mariam*

"Visiting massive toy store Benjo will make you feel like a kid again."
—*Esteban*

"Nothing beats La Boite à Malt's homemade beer!"
—*Yves*

"At Le Chic Shack, order the short rib poutine and a salted maple caramel shake. Delicious."
—*Matthieu*

"Spend a day skiing Quebec's Mont Tremblant, then soak your sore muscles at the outdoor spa."
—*Becca*

