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 View gallery

Le Monastère des Augustines

Quebec City, Canada

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8/10

Telegraph expert rating



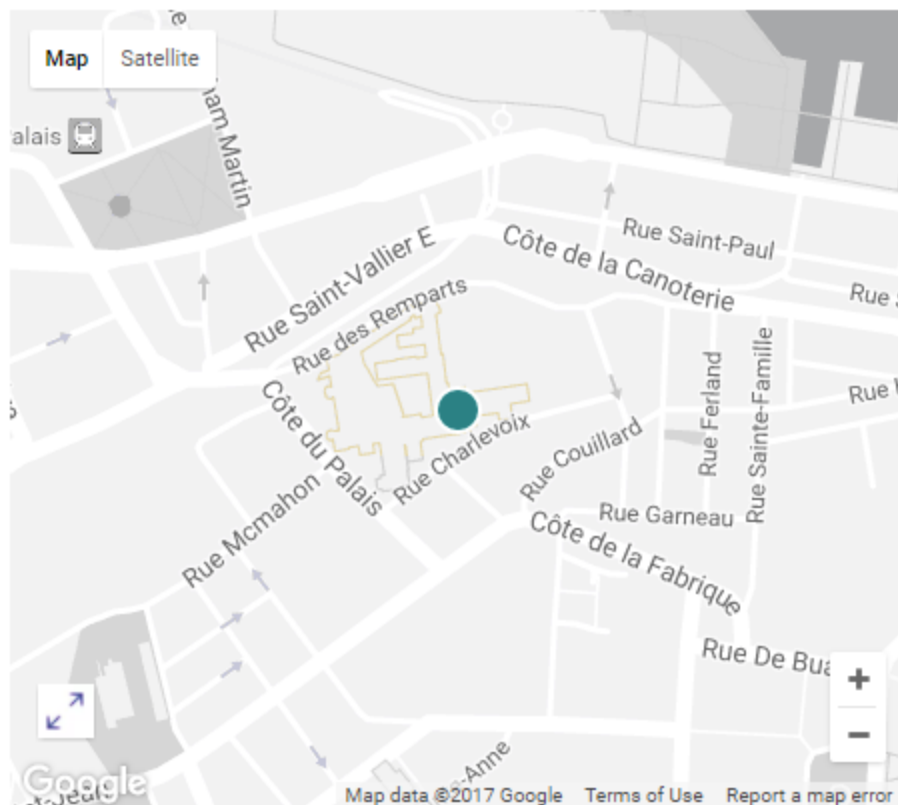
" Le Monastère des Augustines is set in the former Hôtel-Dieu de Québec monastery. It dates back to 1639, and was where the Augustinian Sisters established North America's first hospital north of Mexico. A focus on wellness makes it inviting to guests seeking solitude, and a convenient setting to explore Old Québec. "

By Dana Rebmann,
TRAVEL WRITER

Location

8/10

The monastery-turned-hotel is blessed with a prime Québec City location. The first hospital founded by the Augustinian Sisters is still open, and with good navigation skills can be accessed from the property. Just a block away, shop-and-restaurant-lined rue Saint-Jean, is practically on Le Monastère's doorstep. Dufferin Terrace, with scenic views of the St. Lawrence River, is only a 15-minute walk. From there you can hop on the Funiculaire du Vieux-Québec (or take the steps if you are feeling energetic) to the vibrant Petit-Champlain District.



Style & character

8/10

Le Monastère des Augustines is a haven for wellness, set within the walls of a 17th-century building, still home to a dozen Augustinian Sisters. Guests sleep in the restored former cloister, and can exchange 'bonjours' with Sisters as they pass throughout the day. Hallways near the Authentic rooms feature religious artwork, while hallways that connect Contemporary rooms have more of a sleek, modern design.

Throughout nearly four centuries the Augustinian Sisters established 12 hospitals, creating the foundation for Québec's public healthcare system. Le Monastère des Augustines is a non-profit organisation designed to preserve and share the Augustinian Sisters' heritage with the public.



[See more images at Booking.com](https://www.booking.com)

Service & facilities

8/10

The property's core structure is historic, but additions and adaptations were necessary to welcome guests. Updates including glass and steel make it clear to guests what is old, and what is new. With a focus on wellness, activities including yoga, Tai Chi, and guided walks are offered throughout the day. Staff are pleasant, and well-versed in English and French. There is also a spa offering massage and reflexology treatments.

- ✓ Parking
- ✓ Restaurant
- ✓ Spa
- ✓ Wi-Fi

Rooms

8/10

Le Monastère des Augustines offers two types of accommodations: Authentic rooms and Contemporary rooms. Authentic rooms are restored former cells lived in by the Augustinian Sisters. Simple in design, they have antique furnishings, a sink and mirror. Of the 33 rooms, a majority have one single bed, however a handful offer two single beds. Shared bathrooms are down the hall.

The 32 Contemporary rooms are white with little decoration, though more modern with private bathrooms and a king-sized, queen-sized, or two single beds. There are no televisions, telephones, or even clocks in any rooms. Alarm clocks can be requested.

Food & drink

7/10

The on-site restaurant is based on the Augustinian Sisters' belief in mindful eating. Open to the public, a prix fixe menu is offered at every meal; breakfast is complimentary for guests. There's no set menu; selections vary day to day based on availability of local or organic foods. With the exception of butter available to guests for bread, the kitchen is dairy-free. Breakfast is served buffet-style, and is eaten in silence. Lunch is the heaviest meal, and always includes a vegetarian option that can be served vegan.

Entrée examples include duck breast with onion and Jerusalem artichoke purée, and stewed pie with grilled vegetables. Both lunch and dinner include an unlimited buffet of vegetables, and salads. Dinner is the lightest meal of the day, designed to improve digestion and sleep. Along with the salad buffet, it includes a protein like baked arctic char with coconut and carrot sauce. Alcoholic beverages are only served at dinner.

The boutique, near the main entrance, is also home to a lunch counter that offers an assortment of sandwiches, salads, beverages and snacks.

Value for money

8/10


Authentic double rooms from 155 Canadian Dollars (£91) in low season; and from 207 Canadian Dollars (£121) in high. Contemporary double rooms from 199 Canadian Dollars (£117) in low season; and from 253 Canadian Dollars (£148) in high. Breakfast included. Free Wi-Fi.

Access for guests with disabilities?

The hotel is accessible by lift and six rooms are adapted.

Family-friendly?

The property is best suited for adults.

 77 rue des Remparts, Québec, G1R 0C3, Canada.

00 1 418 694 1639

monastere.ca

Rooms from

£ 64 per night