



Travel

Get Cozy with Comfort Foods from Around the World

From sweet porridge to savory soups, these staple dishes will warm you right up

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11/29/17



Photo: Tasting Table

Whether we're homesick, heartbroken or just plain old hungry, **comfort food** warms us right up (without asking us to get out of our sweatpants). Nostalgic flavors can be as simple as **mac and cheese** or **banana pancakes**, but every culture embraces its own recipe for comfort. Here's just a taste.

Montreal



The simple snack of french fries, cheese curds and essential gravy may be Quebec's claim to fame, but all of Canada is on board the poutine train—you'll **find it across the country, from Montreal to Vancouver.**