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10 of the World's Most Spectacular Spas

By [Valentina Valentini](#) on June 06, 2018

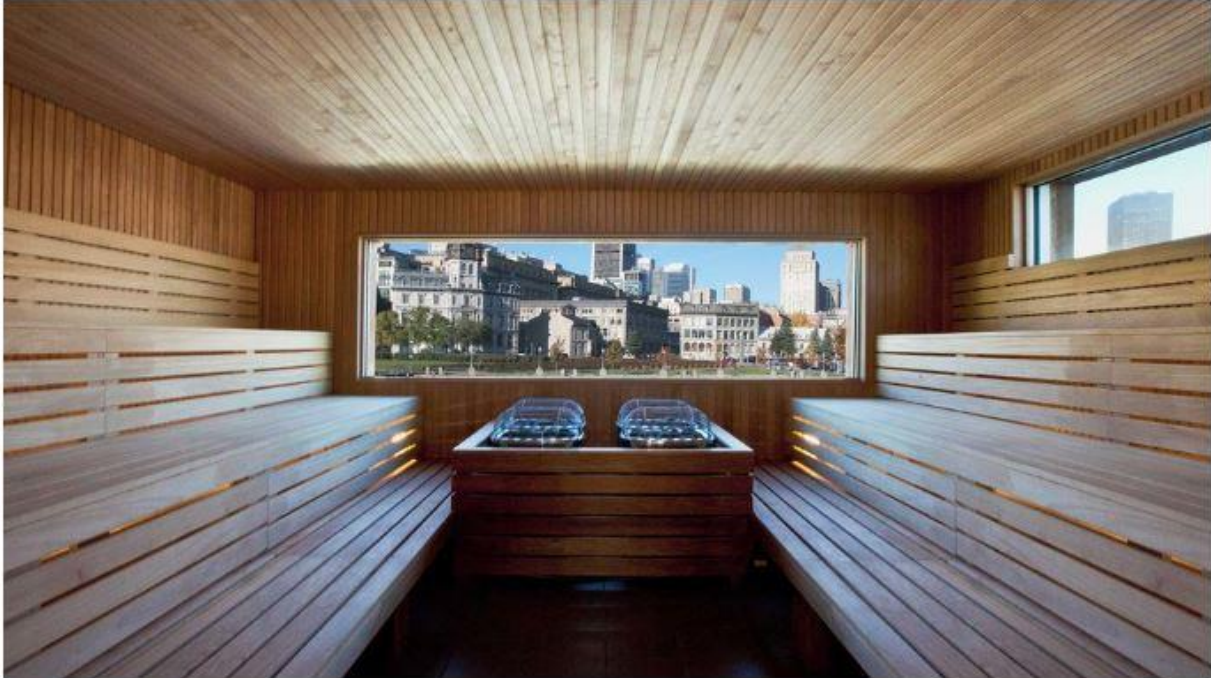
From the cliffs of New Zealand to the port of Old Montreal, we scoured the globe for the most extraordinary spots to relax and rejuvenate.



© Courtesy Terre Blanche Hôtel Spa Golf Resort.

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With all the hustle and bustle of daily life, it can be hard to take time out to [just sit](#) and unwind. Luckily, that's what spas are for. From the far-flung and adventurous, to a relaxing getaway in the Cyprus-and-lavender dotted hills of Provence, DEPARTURES has culled the world's most amazing spas for all your summer travel and perennial pampering needs.



Courtesy Bota Bota

Bota Bota in Montreal

[Bota Bota](#) is a one-of-a-kind spa experience situated in the picturesque port of Old Montreal. This 25,000-square ft spa was refurbished inside and out by Jean Pelland of Sid Lee Architecture, and in addition to the five decks of treatment rooms, saunas, hot tubs (indoor and out) plunge pools and steam rooms, there is a land-adjacent garden and pool with waterfall. (Did we mention all of the above provide either tranquil views onto the rushing river or the bustling city, depending on where you're lounging on deck?) As an added benefit, its simple yet elegant restaurant is on board with indoor and outdoor seating, extremely useful since Montreal winters can be in the low teens, with food provided by Michelin-starred chef Éric Gonzalez. All the usual spa private treatments are available in their 21 treatment rooms, as well as yoga and pilates classes.