



TRAVEL

40 BUCKET-LIST FOODS WORTH TRAVELING THE WORLD FOR



By THRILLIST TRAVEL
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Oh! You've got to try the food, people tell you when you book a trip to -- well, practically anywhere these days. This is, in one sense, self-evident: A person cannot live on bottled water alone. But it also speaks to how much our tongues and bellies shape our view of the rest of the world. Your friends may not have been to Thailand, but they do know the wonders of pad Thai and green papaya salad. They may not have been to Beirut, but just ask their opinion on what makes great hummus.

Food is how the world comes to us, as eaters. And occasionally, it's the best reason for us travelers to go explore the world. We asked some wide-ranging chowhounds -- travelers known to obsess over dumplings or raw fish or curries to the end of a bus route or a train line or across oceans -- what are the foods worth an international trip to find. Here we've assembled their most extravagant, most essential, most sensual reasons to stamp your passport. These aren't merely great foods -- they're foods that you simply must seek at their source. Meals like this are why even *love* and *pray* take a backseat to straight-up getting your eat on.

Tuck into some late-night poutine in Montreal

Montreal's wily nightlife scene can leave you with what the Québécois call a "*mal aux cheveux*," a.k.a. "hair ache" or nasty hangover. The cure is to line your stomach with poutine. The home of this blessed compilation of fries, gravy, and cheese curds in Canada's party capital is undoubtedly La Banquise, an all-night poutine diner. Nothing will sort you out better at 4am than a deep dish with extra bacon and mushrooms and one last guzzle of La Fin du Monde. -- BW